



1

Medical Aid in Dying
Expanding Access to
Clinician Assisted Death

2

Thaddeus Mason Pope
JD, PhD, HEC-C

3

2025

4

3,500,000
total deaths

5

80,000
VA

6

control

timing & manner
of their death

7



8

physical suffering

9

pain
nausea
dyspnea
paralysis

10

existential suffering

11

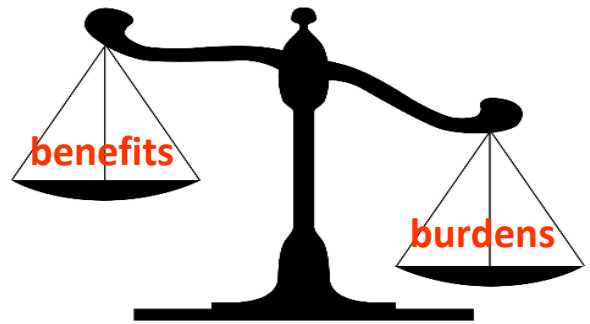
psychic pain
loss of control
anxiety
delirium
despair

12

control

timing & manner
of their death

13



14

lost ability to
enjoy activities

15

fear illness
related suffering

16

fear losing
control &
independence

17

FEB

11

18



19

control
timing & manner
of their death

20

how?

21

5 end-of-life
options


22

1

23

UNIVERSITY OF VIRGINIA HEALTH SYSTEM

WRITE YOUR NAME, DATE OF BIRTH, & HOSPITAL MEDICAL RECORD NUMBER (IF KNOWN)



1500001

**VIRGINIA ADVANCE DIRECTIVE FOR HEALTH CARE
STANDARD FORM**

I, _____, willingly and voluntarily make known my wishes in
Print First, Middle, Last Name

24

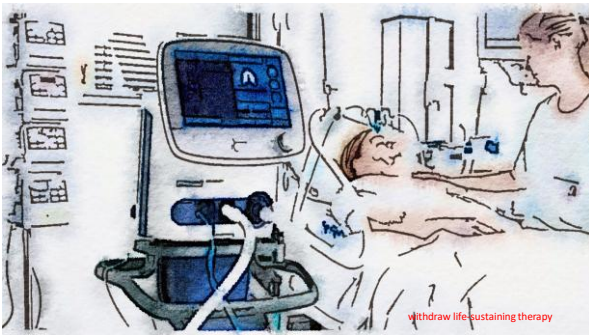
decline

life-sustaining
treatment

25

2

26



27

3

28



29

4

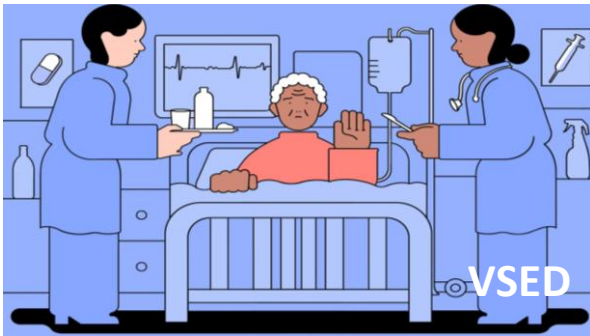
30



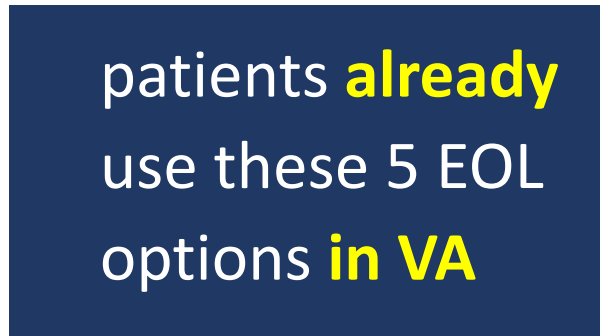
31



32



33



34



35



36

6th option

medical aid in dying
(MAID)

37

MAID

medical aid in dying

38

not now
available
in Virginia

39

roadmap

40

4 parts

41

what
is MAID

42

experience
with MAID in
other states

43

patient **safety**
protections

44

MAID for
Virginians

45

what is
MAID?

46

end-of-life
option

47

for **small**
number of
patients

48

who

49

1

50

adults

51

18+ years

52

2

53

decisional
capacity

54

competent

55

mentally
capable

56

understand nature
and consequences

57

nobody can
request MAID
for another

58

~~guardian
healthcare agent~~

59

~~surrogate
parent~~

60

patient
themselves

61

3

62

terminally ill

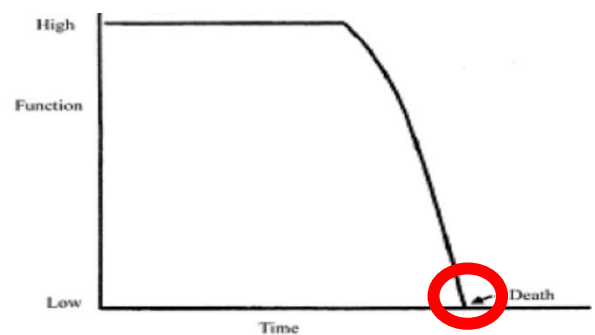
63

final stage of an
**incurable &
 irreversible** physical
 medical condition

64

will produce death
 < **6** months

65



66

recap

67

adult
competent
terminally ill

68

what

69

ask & receive
prescription
drugs

70

self-administer
to hasten death

71

D-DMAPh



digoxin, diazepam, morphine, amitriptyline, phenobarbital

72

sleep | dead
3m | 45m

73

3 ways to take

74



75



76



77



78

only those
3 routes

79



80

others may help
prepare meds

81



82

may not help
administer meds

83

patient alone
takes final overt act

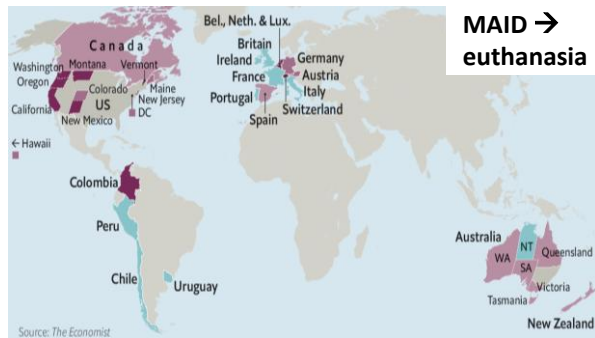
84



85



86



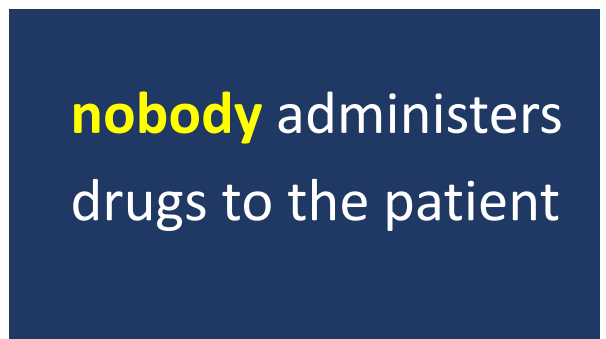
87



88



89



90

patient does it

themselves

91

that's

what MAID **is**

92

experience in
other states

93

where

94

11 states

95



96

1994

97



98

2008

99



100

2009

101



102



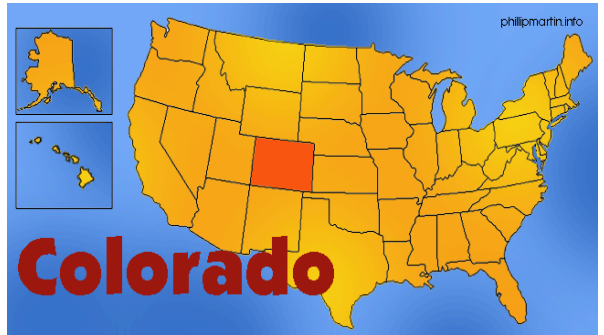
103



104



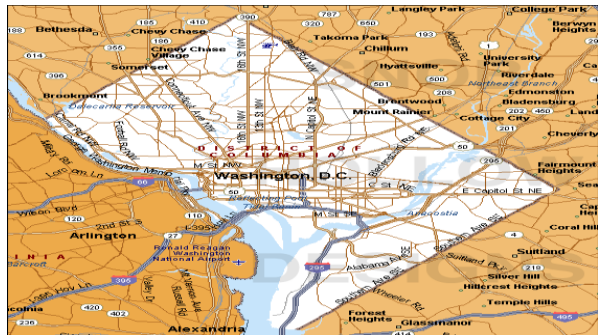
105



106



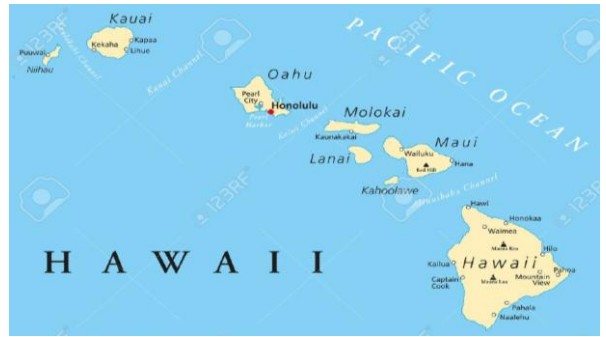
107



108



109



110



111



112



113



114



115



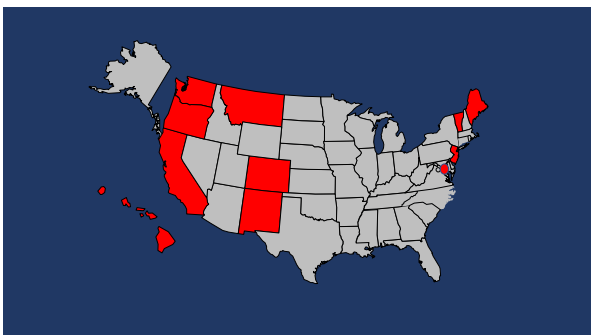
116



117



118



119



120

“1 in 5
Americans”

121

75^m / 340^m

122

FEB
11

123

115 years
combined experience

124

OR	27	CO	8
WA	16	DC	8
MT	15	HI	6
VT	12	ME	5
CA	9	NJ	5
		NM	4

125

+

126

» Oregon Death with Dignity Act
2021 Data Summary

127

~100
DOH reports

128



129

what the
data show

130

who

131

terminal
illness

132

76%

cancer

133

14%

neuro / ALS

134

10%

cardiovascular

135

demographics

136

95%

insured

137

72%

some college

138

95%

white

139

50/50

male / female

140

age

141

76%

> 65

142

8%

< 54

143

finally

144

90% hospice

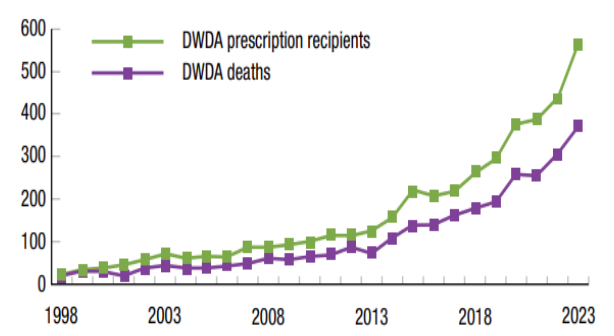
145



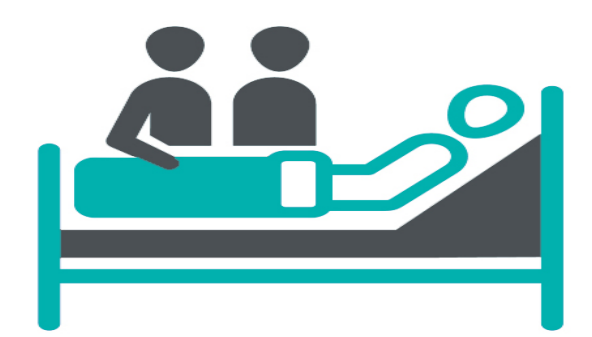
146

1/3 who get MAID prescriptions never take them

147



148



149



150

that's **who**
uses MAID

151

how
many

152



153

1997 - 2023

154

2800
MAID deaths

155

1,000,000
total deaths

156

0.2%

157

per year

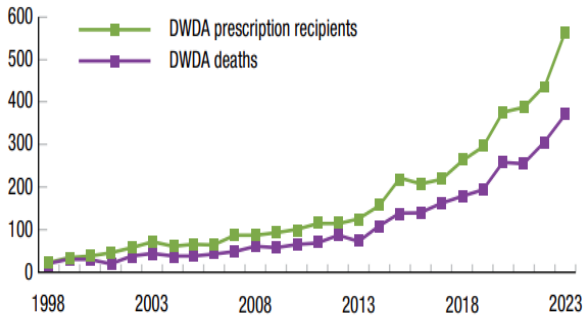
158

2023

159

560 Rx
370 ing

160



161

370
MAID deaths

162

45,000
total deaths

163

0.8%

164

< 1%

165



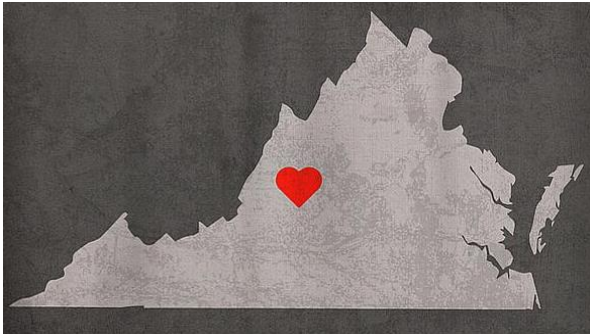
166

OR 4.2m
VA 8.7m

167

OR x 2.1

168



169

1180 Rx
780 ing

170

780
MAID deaths

171

80,000
total VA deaths

172

< 1%

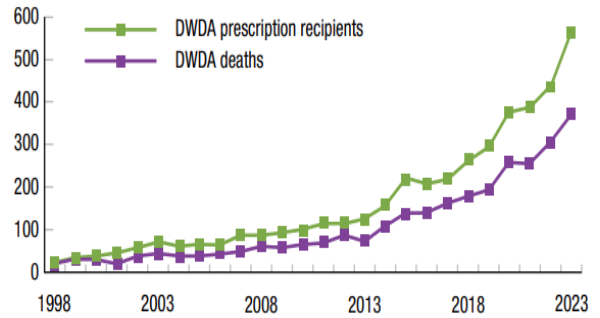
173

high
estimate

174

2023 was
Oregon's
26th year

175



176

that's enough
on **numbers**

177

**patient
safety**

178

numerous
safeguards

179

multiple requests
multiple screenings

180

prescribing CLIN
consulting CLIN
mental health CLIN

181

terminally ill
capacity
consider alternatives

182



183

voluntary
informed
enduring

184



185



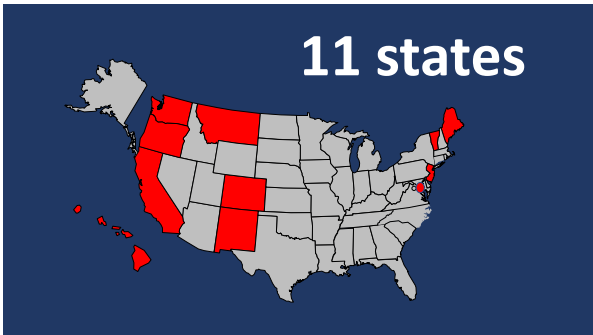
186

no abuse

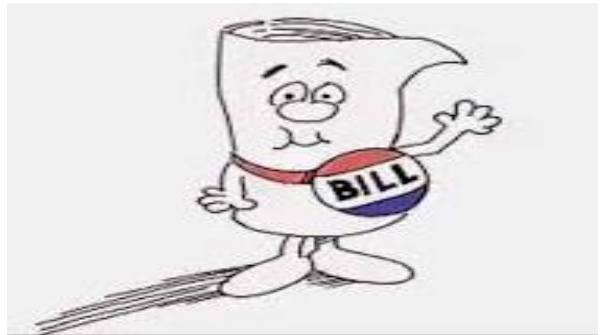
187



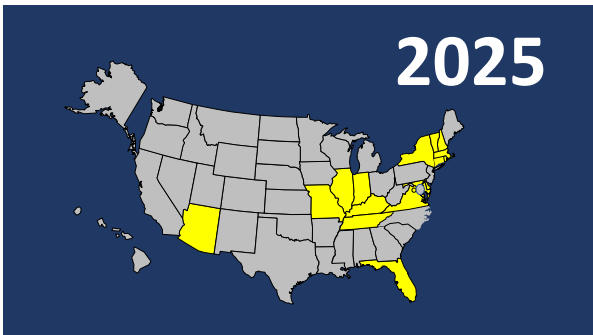
188



189



190



191

2 last points

192

**voluntary
& optional**

193

>115 years

combined experience
in 11 states

194

no patient

got MAID who
did not want it

195

no clinician

had to participate
who did not want

196

no facility

had to participate
who did not want

197

opt-in only

198

MAID for Virginians

199



200

Virginians
already
get MAID

201

2 ways

202



203



204

DIGNITAS
To live with dignity
To die with dignity

205



206



207



208



209

2 have **no**
state residency
requirement

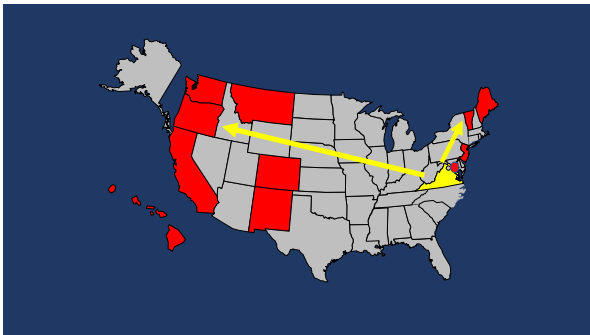
210



211



212



213



214



215




216

driver license
 voter registration
 tax return
 own / **lease property**

217

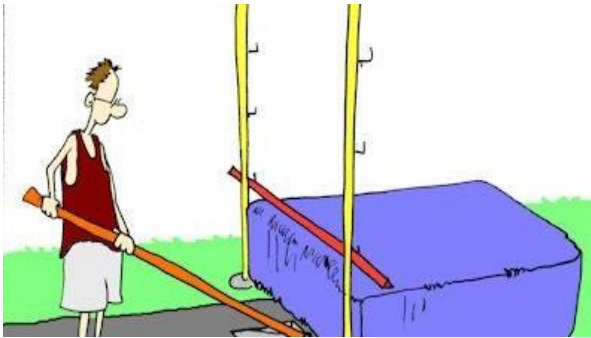
trulia Los Angeles, CA

Any Price ▾ All Beds ▾ Pets



\$1,875/mo
 Studio 1ba
 Wilshire Harvard Plaza,
 Los Angeles, CA 90020

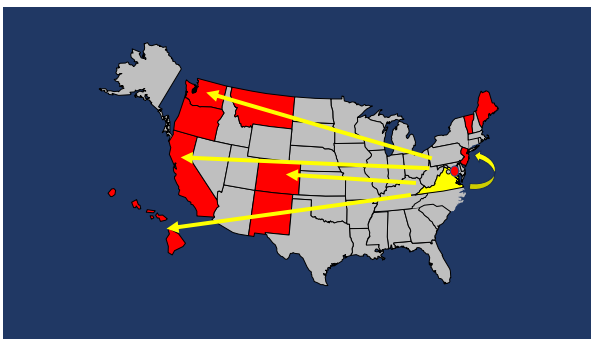
218



219

SO ...

220



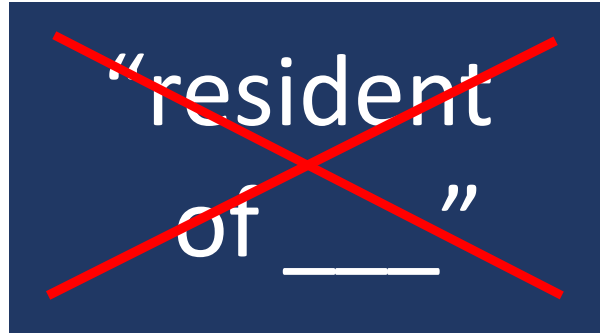
221



222



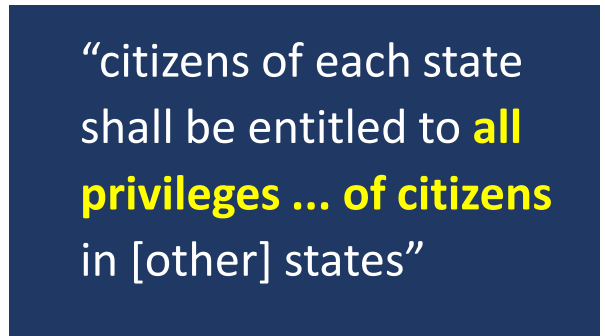
223



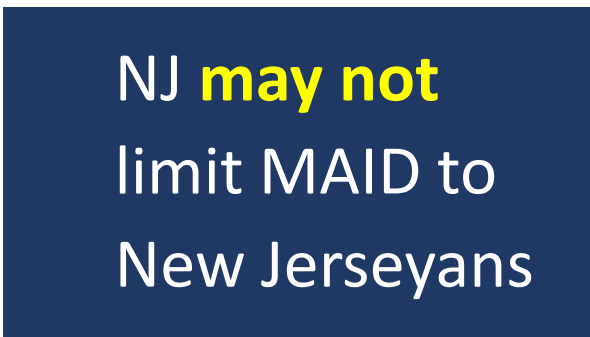
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225



226



227



228



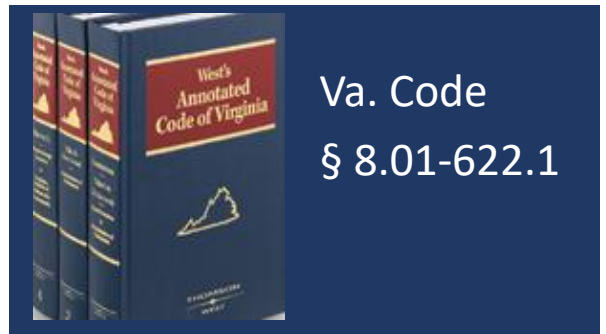
229



230

don't take MAID
meds to VA

231



232



233

MAID in
Virginia

234



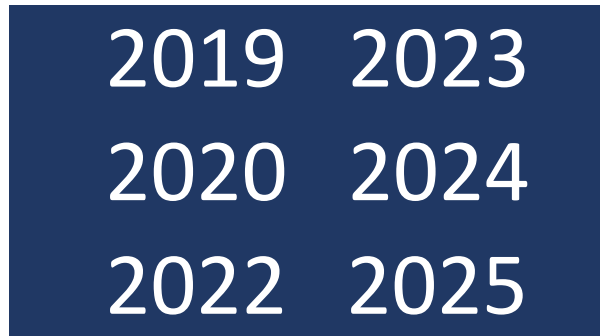
235



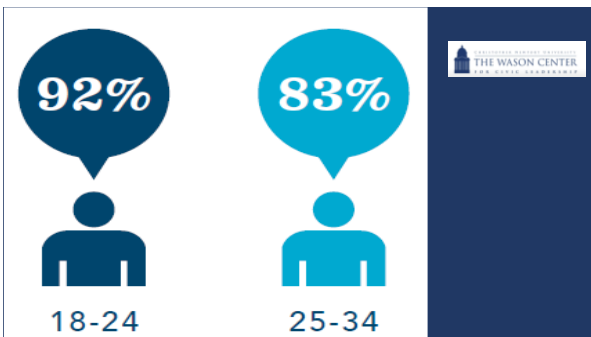
236



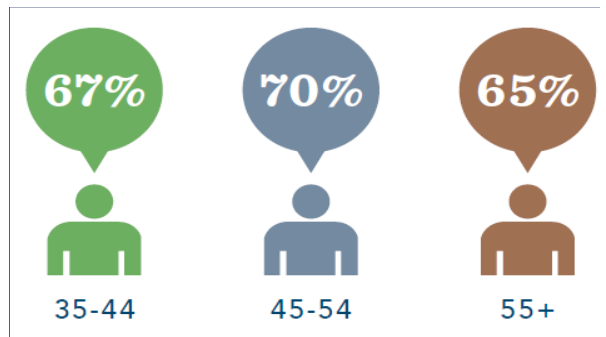
237



238



239



240



241



242



243



244



245



246



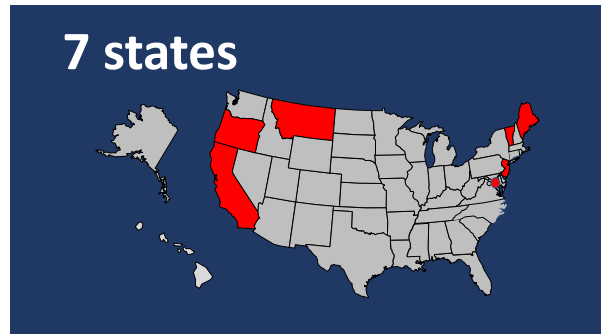
247



248



249



250



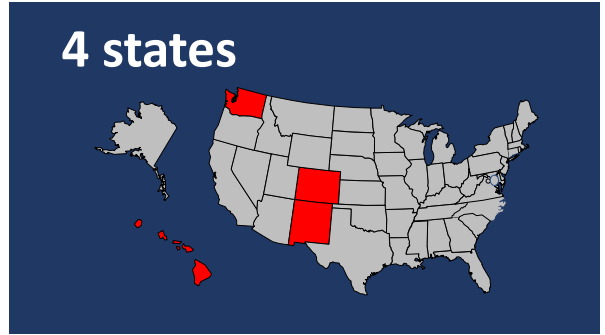
251



252

but

253



254

also
APRN *or* PA

255



256



257

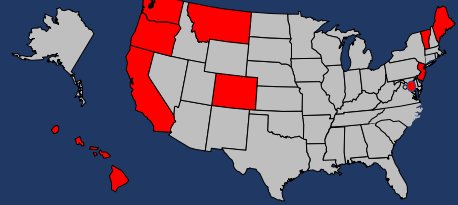
innovation 2

258

how **many**
clinicians

259

10 states



260

takes
(at least) **2**

261

attending
plus
consulting

262

but

263



264

only **1**

265

patient on
hospice

266



267

innovation **3**

268

how **long** is
waiting period

269

5 states



270

2 oral requests
separated by
15+ days

271

undue
burden

272

many patients
cannot wait
that long

273

SO...

274

6 states
shortened
wait period

275

or

276

A red, rectangular stamp with a distressed, ink-like texture. The word "EXEMPT" is written in bold, white, uppercase letters within a red border.

277

“death is likely to occur **before** ... expiry of the time period”

278



279

SO...

280

SB 280

281



282



283



284



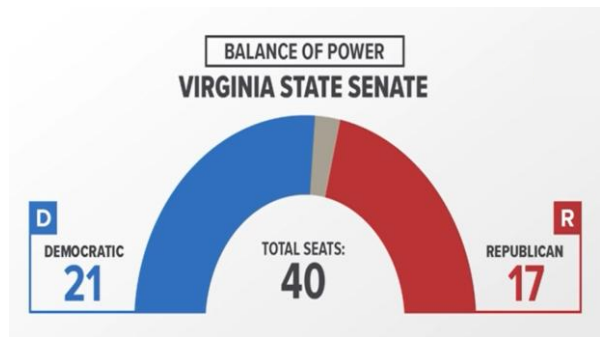
285



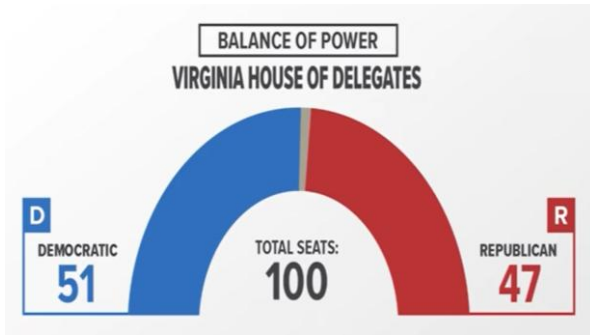
286



287



288



289

but

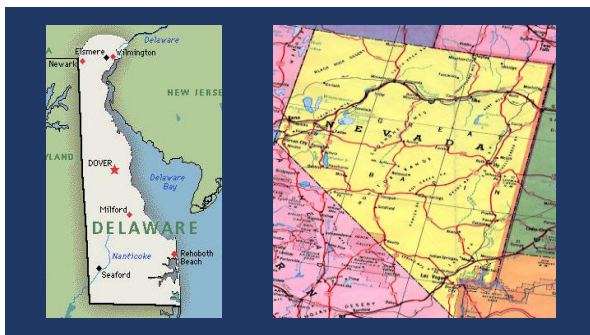
290



291



292



293

2026

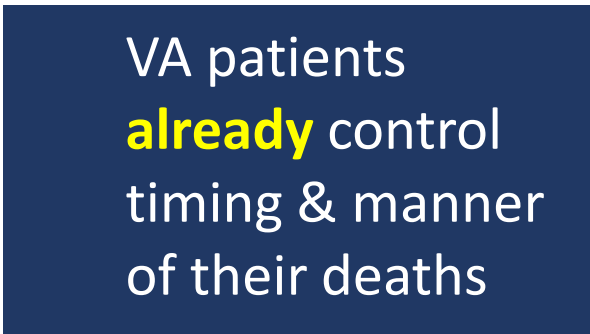
294



295



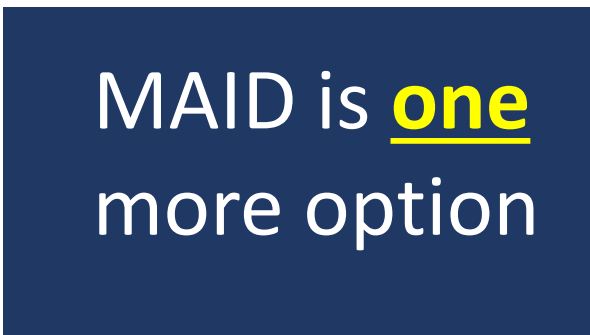
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297



298



299



300

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