

0
1 MORTON P. COHEN (State Bar No. 63644)
2 536 Mission Street
3 San Francisco, CA 94105
4 Telephone: (415) 442-6678
5 Facsimile: (415) 543-6680
6 mcohen@ggu.edu

7 Amitai Schwartz (State Bar No. 55187)
8 Moira Duvernay (State Bar No. 233279)
9 Law Offices of Amitai Schwartz
10 2000 Powell Street, Suite 1286
11 Emeryville, CA 94609
12 tel. (510) 597-1775
13 fax (510) 597-0957
14 attorneys@schwartzlaw.com

15 Attorneys for Petitioners

16 SUPERIOR COURT OF CALIFORNIA,
17 COUNTY OF ALAMEDA

18 CALIFORNIA ADVOCATES FOR
19 NURSING HOME REFORM (CANHR); and

20 GLORIA A.;

21 Petitioners

22 vs.

23 RONALD CHAPMAN, MD., as Director of
24 the California Department of Public health

25 Respondent.

No.

VERIFIED PETITION FOR
WRIT OF MANDATE, DECLARATORY
RELIEF AND INJUNCTION

Date:

Time:

Dept:

Judge:

Action filed:

Trial Date: None Set

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28

TABLE OF CONTENTS

	<u>PAGE</u>
VERIFIED PETITION	
I. INTRODUCTION	3
II. PARTIES	9
A. PETITIONER CALIFORNIA ADVOCATES FOR NURSING HOME REFORM	
B. PETITIONER GLORIA A.	
C. RESPONDENT RONALD CHAPMAN, MD., AS DIRECTOR OF THE CALIFORNIA DEPARTMENT OF PUBLIC HEALTH	
III. STATUTORY FRAMEWORK:	10
A. SECTION 1418.8, HEALTH & SAFETY CODE OVERVIEW	
IV. STATEMENT OF FACTS	14
A. Petitioner GLORIA A.	
B. Facts as to the Deceased MARK H.	
C. Capacity Determinations in Skilled Nursing Facilities	
D. Use of Section 1418.8 as to Highly Intrusive Treatment	
E. Implementation of Section 1418.8 by California Department of Public Health	
F. Residents of Skilled Nursing Facilities	

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28

V. CAUSES OF ACTION	29
VI. APPLICATION FOR EXTRAORDINARY RELIEF	32
VII. ALLEGATIONS CONCERNING INJUNCTIVE AND DECLARATORY RELIEF	35
VIII. RELIEF REQUESTED	36
VERIFICATION	40

INTRODUCTION

1. Californians have a fundamental right, even as prisoners and if mentally ill, to refuse medical treatment (*Thor v. Superior Court* (1993) 5 Cal 4th 725, 731) unless adjudicated legally incompetent (*In re Qawi*, (2004) 323 Cal 4th 1.) Section 1418.8, Health & Safety Code (hereafter Section 1418.8, Exhibit 1 Compendium) denies infirm residents of skilled nursing (snfs) and intermediate care facilities (icfs) fundamental rights to refuse treatment upon a medical determination of a legal issue, incapacity, made by an interested person, the same physician who recommended the treatment. The statute requires no notice whatsoever, whether of the allegation of incapacity, the decision, the treatment, or the right to challenge both decisions. It requires no representation and no hearing. Section 1418.8 then permits snf/icf staff and the same physician to act both as surrogates, in consenting to, and practitioners, in administering, the treatment. The treatment may include highly intrusive actions such as mind-altering drugs, physical restraints, loss of freedom to leave the snf, loss of financial control, intra-snf surgery (such as the debridement of Mark H, Exhibit 3-A Compendium) and treatment discontinuation resulting in death.

1 2. Examples of the misuse are found as to the now deceased Mark H. (paragraph 47 herein):
2 “RNNP [registered nurse, nurse practitioner] and ADON [assistant director of nursing] approached
3 resident with Ombudsman asking simply: ‘Do you want to live or die?’ Resident did not respond to
4 direct question, even with a change in facial expression.” As a result, the “EPPLE Act [Section
5 1418.8] Committee finds that change of POLST to DNR [do not resuscitate] is warranted...” and
6 “the committee agrees with admission to hospice for end-of-life care.” His feeding tube was then
7 withdrawn and he died. A POLST [Physicians Order for Life Sustaining Treatment] is a form of
8 advance directive and may only be legal if signed by the resident or representative of an incompetent
9 person (Probate Code sections 4780-6), but the staff, through 1418.8, acted as that representative in
10 deciding on his death.
11

12 3. Before his death, this double amputee was at times tied by his arms to his bed although
13 less intrusive measures were available and eventually used, and he was constantly given
14 antipsychotic drugs, and although Psychiatrist Kulsant Singh stated that Mr. H. was “very sedated”
15 on Remeron and “d/c [discontinue] Seroquel for same reason” nevertheless was administered these
16 drugs, and particularly Seroquel, which carries FDA_black box warnings of death, until his transfer
17 of care to a hospice, and his subsequent death. (See para 52-53, *infra*) As to his decisional capacity,
18 the “Epple Committee”, using Section 1418.8 in July, 2012, declared him to lack decisional capacity
19 in that “Resident is *not competent enough* to make medical decisions.” (emphasis added) (See para
20 46, *infra*). Just before his death, on February 7, 2013, a progress note states: “Able to make some
21 basic needs known but he is very particular about when he talks and who he talks to.” (para 45,
22 *infra*)
23
24

25 4. Other individual examples of this use of the statute include Petitioner GLORIA A. Ms. A.,
26 a nursing home resident, was determined medically incompetent upon admission to the facility, but
27
28

1 has never been adjudicated decisionally incapacitated and in fact had scored 13 out of 15 on a
2 Section 3 “Cognition” section of the required Minimum Data Set (MDS) (Decl para 12 of
3 Ombudsman Patsy Pence). In May, 2013, her physician sought a psychiatric determination of her
4 capacity which was not then performed, however, in September, 2013, nine months after admission,
5 a psychiatrist examined her and stated: “Patient seen and evaluated. Patient has capacity to make
6 decision about her finances, accommodation, medical issues etc.” (para 41 herein). Thus, although
7 legally presumed capable, due to application of Section 1418.8, she lost her right to refuse drugs, and
8 her liberty for a period of nine months and had not been legally informed of the loss, nor that they
9 have been restored, nor has she received information as to her current drug regime. She too was
10 given Seroquel non-consensually and said in her declaration para 12 thereto:

12 I am informed that I was given something called Seroquel, but I don’t know what that
13 is and don’t know that I was given it. There was one drug I hated and maybe that was
14 it. They told me I had to take it, and that I had no choice.

15 5. As to her liberty, when she tried to go on a picnic with the family of another resident on
16 April 12, 2013, a social work progress note states:

17 Resident was trying to leave and go to a bbq with 25c we let her know she could not
18 leave without a CNA present....MD stated she was not competent to go on her own.

19 (para 36 herein)

20 6. Medical directors often serve as attending physicians and thus have significant potential
21 for conflict:

22 It must be understood that the physician for about a third to 50% of the residents is
23 the medical director of the facility. The medical director is also responsible for the
24 other physicians and can override their decisions. This means that the director-
25 physician, as well as the staff, is concerned for the entire patient group at the facility,
26 and for the staff, as well as for the individual patient. The result is that
27 antipsychotics and antidepressants will often be used in order to assure that the
28 facility’s staff is in control and the facility has the fewest possible problems.

1 Declaration of Ombudsman Geneva Carroll para 26 thereto

2 7. Competence decision error is rampant as stated in the Declarations. For example,
3 Margaret (Peggy) Main, a consultant for over 50 nursing homes, stated that medical determinations
4 of capacity are usually made in the first three days of care, and then stated, in para 8, 9 of her
5 declaration:

6 I have never seen policies and procedures or any written guidelines for determining capacity.

7
8 Although it is possible for the Doctor to revisit and re-determine the resident's capacity this
9 does not appear to be the norm. The H&P [History & Physical] shows the capacity is done
10 on an annual basis. From what I have observed, once a resident has been determined to lack
11 capacity that generally continues. There is generally not much accommodation for recovery
12 from delirium, effects of pain medication and adjustment to a new environment. Other staff,
13 particularly nursing and social service, who have daily on-going contact with the residents
14 will sometimes feel that capacity needs to be re-evaluated. They are left in the position of
15 presenting their case to the MD and hoping they will be listened to. Recently a resident was
16 admitted from the acute hospital. Both the RN on the floor and the social service designee
17 talked to her at length regarding her wishes for end of life care. Both felt she understood and
18 was very clear that she did not want life sustaining treatment. She reiterated this on more
19 than one occasion. However, the primary physician determined she lacked capacity and the
20 POLST had to be CPR and full code, thus negating the resident's wishes. Fortunately, after
21 much searching the social service worker was able to identify and contact a cousin who, after
22 talking in depth with the resident, was willing to sign the POLST reflecting the resident's
23 wishes. Without the work of the social worker the resident could have been subjected to
24 various life sustaining interventions including CPR (with possible broken ribs from chest
25 compressions, burns from defibrillation) and various tubes for feeding.

26 8. Section 1418.8 is unconstitutional as a denial of autonomy privacy, equal protection, and
27 due process. It is *facially* unconstitutional for the following reasons:

- 28
- 29 A. It gives to the resident no notice or opportunity to oppose as to the determination of
30 incapacity, or the determination or application of treatment (Point One);
 - 31 B. It permits a medical decision as to the legal determination of decisional incapacity
32 (Point Two A.);
 - 33 C. It permits that legal decision to be made by a non-neutral, the very physician who has
34 already decided on the treatment (Point Two B.);

1 D. It permits medical decision making without requiring any representation as to the loss
2 of a fundamental right to decide for the highly vulnerable and frail nursing home person at
risk (Point Two C);

3 E. It permits the attending physician who has decided on the treatment, on the person's
4 incapacity and the absence of a surrogate to be one of those reviewing and approving their
5 own treatment decisions (Point Three);

6 9. Section 1418.8 is unconstitutional *as applied* in that Respondent does not require that a
7 patient representative be involved in the treatment decision review although the statute has been
8 judicially interpreted to require a patient representative at the treatment review in order to save its
9 constitutionality, and respondent has failed to require such representative (Point Four).

10 10. Section 1418.8 is unconstitutional *as applied* in that, as interpreted by respondent, it
11 permits all of the above as to the administration of highly intrusive antipsychotic drugs which, if
12 used on a prisoner or a mentally ill person without consent would require a judicial determination of
13 incapacity, representation, and a clear and convincing showing of incapacity before loss of the right
14 to refuse (Point Five A). It is unconstitutional *as applied* in that, it has been and is being interpreted
15 and applied by snfs without statutorily required prohibition by respondent as to activities including
16 removal of feeding tubes and other forms of cessation of medical treatment leading to the death of
17 the elderly nursing home resident (Point Five B.)

18 11. One case has previously held Section 1418.8 constitutional as interpreted and limited
19 therein. In *Rains v. Belshe* (1995) 32 Cal App 4th 157, a taxpayer action was brought attacking the
20 facial constitutionality of the statute on privacy and due process grounds, the due process grounds
21 including absence of notice, that representatives were required both at the capacity and treatment
22 decisional stages, and that a treating physician could not make a competency decision. The *Rains*
23 court, without reaching the issue of notice, or a representative at the capacity determination, held
24
25
26
27
28

1 that, but only as properly interpreted and limited, the statute was facially constitutional in that
2 incompetence was a medical decision and that nursing home residents had severe limitations on their
3 privacy rights. The interpretations included that the statute was limited to “relatively non-intrusive
4 treatment”, that a patient representative was required at the determination of the proposed treatment
5 for the person previously found incompetent by the treating physician, and that the treatment could
6 not occur if the patient representative did not agree.
7

8 12. Since the *Rains*, supra, decision, the California Supreme Court has held that competence
9 is not a medical decision but is a legal matter. *In re Qawi*, (2004) 323 Cal 4th 1, and in 2012 the
10 California Court of Appeal, in *K.G. v. Meredith* (2012) 204 Cal App 4th 164, reiterated that the
11 holding in *Qawi* supra, was a constitutional one as a matter of privacy.
12

13 13. In 2012, Respondent Department of Public Health issued a survey tool (Antipsychotic
14 Drug Survey Tool, Exhibit 14 hereto) to its inspecting surveyors concerning the use of highly
15 intrusive antipsychotic drugs in skilled nursing facilities with attention to the requirements of
16 informed consent. In so doing, it included Section 1418.8 in the process of determining consent to
17 the use of such drugs, bypassing the limitation of “relatively nonintrusive” treatment placed by the
18 *Rains* court in that such drugs are highly intrusive for the elderly, even more so than for prisoners
19 and the mentally ill. (Exhibit 6)
20

21 14. Further, the 2012 Survey Tool (Exhibit 14) issued by Respondent herein failed to include
22 the requirement of a patient representative ordered by the *Rains* court at the treatment review
23 without which that court indicated the statute was unconstitutional, instead merely quoting the
24 statutory language of a patient representative if “practicable.”
25

26 15. In addition, and again without the limitation of “relatively nonintrusive treatment” found
27 by the *Rains* court, supra, and the statutory introduction language limiting the statute to “day-to-day”
28

1 treatments, Respondent has failed in its statutory duty to assure compliance with the law in that the
2 statute is currently applied by nursing homes so as to permit the highly intrusive activities set forth
3 above. In point of fact, Respondent has never enforced the statute, whether as interpreted or as
4 written, and has never, not once in the over 20 years of the statute's existence, issued a citation for
5 its violation. The result is widespread disobedience, and that snfs/icfs and physicians have final
6 authority regarding patient rights for those deemed incapacitated and without surrogates (See
7 declaration of Anthony Chicotel).
8

9 16. Petitioners seek the following relief herein: A. To have the statute declared facially
10 unconstitutional based on absence of notice, absence of a required adjudication of legal incapacity,
11 absence of a neutral decisionmaker as to both incapacity and the treatment decision, and absence of a
12 representative as to determinations of incapacity; and B. in the event the Court does not hold the
13 statute facially unconstitutional, to have the application of the statute declared violative of *Rains* and
14 the Constitution as to the absence of a representative with refusal power at the statutory treatment
15 review, and the use of the statute for antipsychotic drugs and treatments resulting in death.
16 Petitioners further seek mandate and injunctive relief as to the above, and that, for residents claimed
17 to be without capacity and a surrogate, there be judicial determinations of incapacity and the
18 appointment of a surrogate with refusal power within a reasonable time after such claim.
19
20
21

22 II.

23 PARTIES

24 A. PETITIONERS

25 17. California Advocates for Nursing Home Reform (CANHR), is and has been since 1983, a
26 statewide nonprofit 501(c)(3) advocacy organization, and has been dedicated to improving the
27
28

1 choices, care and quality of life for California’s nursing home residents. Through direct advocacy,
2 community education, legislation and litigation it has been CANHR’s goal to educate and support
3 nursing home residents and advocates regarding the rights and remedies under the law, and to create
4 a united voice for long term care reform and humane alternatives to institutionalization. In
5 particular, CANHR has litigated and won rights of informed consent in medical treatment for
6 nursing home residents. As such it has a direct as well as indirect interest in the rights of residents in
7 skilled nursing and intermediate care facilities including those under Section 1418.8.
8

9 18. Petitioner GLORIA A. (hereinafter referred to as “Petitioner”) is a 63-year-old former driver
10 of “semi” trucks who expects to return to driving smaller trucks, and is a current resident of a skilled
11 nursing facility in Santa Cruz County. As such, as is further stated herein, she has been determined
12 decisionally incapacitated by her treating physician, and has been denied informed consent as to her
13 medical treatment, denied her physical freedom as a result of that determination, and denied access
14 to her medical chart as a result of that determination.
15

16 **B. Respondent**

17 19. RONALD CHAPMAN, MD., Respondent (hereinafter referred to as “Respondent”) is
18 Director of the California Department of Public Health and is responsible for licensing, certification,
19 oversight, inspection and surveying of all skilled nursing and intermediate care facilities in
20 California, and, as such, the adherence of such facilities to California laws.
21

22 **III.**

23 **STATUTORY FRAMEWORK**

24
25 20. As a result of an earlier law suit brought by Petitioner CANHR, then Bay Area
26 Advocates for Nursing Home Reform, claiming that residents in nursing homes were denied
27
28

1 informed consent as to medical treatment, Section 72528 was added to the California Administrative
2 Code (CAC) giving a minimal informed consent process to such individuals. What was absent from

3 the CAC was a process for decisionmaking as to those who lacked both capacity and a surrogate.

4 The initial legislative response to this problem was a bill (AB 3209), which would use the same
5 process as to the mentally ill and others in similar situations, and permit engagement of public
6 guardians through conservatorships. However, public guardians objected to this solution and the
7 legislature capitulated to their objections with the result that Section 1418.8 (Exhibit 1 hereto) was
8 enacted permitting treating physicians and nursing home staff to obtain a default process whereby
9 they would make all decisions, those of legal capacity, of absence of legal surrogates, and of the
10 treatment itself.

11
12 21. Section 1418.8, Health & Safety Code permits treating physicians with patients in skilled
13 nursing or intermediate care facilities who have decided to treat their patients with interventions
14 requiring informed consent to determine that the patient lacks the capacity to give such consent and
15 further lacks any legal surrogate. (1418.8(a)). It then permits the physician, together with at least a
16 nurse from the facility, and perhaps others, termed an “interdisciplinary team”, to review the
17 treatment and administer it thereafter.

18
19 22. The statute requires no notice to the resident of the incapacity process nor that the
20 resident has been determined incapacitated, nor does it require notice of the treatment decision, that
21 both the incapacity and treatment decisions may be challenged in court, nor even notice of the
22 treatment administration. Although a patient interview is required in order to determine incapacity,
23 (1418.8(b)), nothing prevents it from occurring at the same time as the physician decides on the
24 treatment.
25
26
27
28

1 23. In fact what usually occurs is that incapacity is decided when the patient is first admitted
2 to the facility, and not revisited thereafter even if the patient recovers as many do (See Declarations
3 of Ombudsmen Patsy Pence, Geneva Carroll, Cheryl Wilcox, and Consultant Peggy Main) nor is
4 there an interview before each treatment as is statutorily required (1418.8(b)), see Ombudsmen,
5 consultant, Gloria A. Declarations).

6 24. As to any representation at any point, the statute requires only that there be a
7 representative for the resident at the treatment review “if practicable”.

8 25. Other than to state that the legislative intent concerns treatments requiring informed
9 consent and “day to day medical treatment decisions” (Legislative Findings, Section 1(b)) no
10 definition of the types of treatments is present in the Section 1418.8 Findings or statute itself.
11 Additionally, the Findings indicate that one legislative purpose is to assure providers are not subject
12 to inappropriate liability for delivering appropriate care. (Section 1418,8(c)).

13 26. Section 1418.8 further provides that if the attending physician prescribes or orders a
14 medical intervention requiring informed consent, and the physician determines the resident lacks
15 decisional capacity and there is no person with legal authority to make such decisions, the physician
16 is to inform the facility. In that event, there shall be an inter-disciplinary team (hereafter IDT)
17 review of the physician’s determination whose purpose is to “oversee the care of the resident” prior
18 to the administration of the intervention (1418.8(e)). The review is to include consideration of, inter
19 alia, the reason for the intervention, its impact, alternatives, the resident’s condition and a discussion
20 of the desires of the patient including an interview with the patient and review of the records
21 (1418.8(e, 1-6)). No mention is made in the statute of the right to refuse the treatment in that since
22 the resident has been found incompetent, neither the desires nor the interview is determinative since
23
24
25
26
27
28

1 there is no longer a right of refusal. Again nothing in the statute requires that the resident be told
2 that they have been found incapacitated, nor the decision after review.

3 27. The reviewing body, the IDT is made up of the physician who first decided on the
4 treatment, a nurse with responsibility for the resident, other appropriate staff and, if practicable, a
5 patient representative (1418.8(e)). In short, under the statute, the reviewing team must include the
6 physician who first decided to order the treatment, and a nurse, and may include others such as the
7 patient representative where “practicable” most of whom have institutional interests regarding care
8 decisions, particularly where the attending physician is also the institutional medical director (See
9 Para 60, herein)

11 28. Nothing is stated in the statute as to how the treatment decision will be made in terms of
12 voting other than that it will be “reviewed” (1418.8(e)).

14 29. The statute specifies that nothing therein shall affect the resident’s right to seek judicial
15 review, (1418.8(j)), but nothing in the statute requires that the resident be informed of the: 1. Nature
16 of the treatment; 2. The side effects to the treatment; 3. The right to refuse the treatment;
17 3. That s/he is alleged or has been found to lack capacity; 4. That the physician will determine
18 decisional capacity; 5. That the resident may obtain a substitute decision maker; 6. That there will be
19 a committee review; 7. The decision of the committee; or 8. That there is a right to seek judicial
20 review. Notice to the resident is not mentioned anywhere or at any stage of the proceeding.

22 30. There is no right in the statute to the appointment of a representative for the resident for
23 purposes of the determination of capacity, the availability of a surrogate, the necessity of the
24 treatment, opposing the treatment, or obtaining judicial review.

1 31. Although the legislative purpose was to deal with “day to day” treatment, the statute
2 contains no limitations as to types of treatment other than that requiring informed consent, and is
3 thus currently used, as permitted by Respondent, for severely intrusive activities¹
4

5 **IV.**

6 **STATEMENT OF FACTS**

7 **A. FACTS AS TO PETITIONER GLORIA A.**

8 [All facts as to Petitioner GLORIA A. are found in the declarations of Petitioner GLORIA A and
9 PATSY PENCE, and exhibits 4-1 through 4-21 of the Compendium]

10 32. Petitioner Gloria A. is a 63 year-old resident of Country Villa Skilled Nursing Facility in
11 Santa Cruz, California, where she has resided since January, 2013. She has been employed as a
12 driver of “semi” trucks, and intends to return to work as a driver of smaller trucks in the near future.
13

14 33. Ms. A. was found by her treating physician, upon her entry to the snf, to lack decisional
15 capacity. No notice was ever given to her of any claim of incapacity, finding thereof, or opportunity
16 to challenge such finding (See declaration of Gloria A. para therein) She had no one appearing for
17 her to challenge the finding. Petitioner Gloria A. did not learn she was found incompetent until
18 months later in April of 2013 when she tried to leave the facility on a picnic with the family of
19 another resident and she was informed she could not since she had been found incompetent.
20

21 _____
22 ¹ In an article in the December 2011 News of the The California Association of Long Term Care
23 Medicine it was stated that “[S]ince the statute was designed for “snf” decisions, these might be a
24 restraint, a device, a minor or major medical procedure or even code status and psychotropic
25 consents.”, *CALTCM* supra. The article further suggested that the statute was reasonably applied to
26 creating Physician Orders for Life Sustaining Treatments, which are often used to order cessation of
27 life support *CALTCM* supra. The long term care industry article as well legitimized the use of the
28 statute “to refusal or the withholding or withdrawal of treatment” *CALTCM* supra.. As will be
pointed out in the Statement of Facts herein, the statute is being used currently for each and every
application set forth above, and has been expressly approved by Respondent herein for use as to
antipsychotic drugs. (Exhibit 2 herein)

1 34. On the day of her admission to the facility, the request for admission and consent to treat
2 was signed, not by her, but by the facility's IDT since she was incompetent (exhibit 4-1 hereto).

3 35. Thereafter, Petitioner was administered, without informed consent, numerous
4 psychoactive drugs, including antipsychotic drugs such as Seroquel, which has a black box warning
5 as to a risk of death, as well as trazadone, ambien, ativan, and lexapro. She was given Seroquel non-
6 consensually and said in her declaration, para 12 therein:

7
8 I am informed that I was given something called Seroquel, but I don't know what that
9 is and don't know that I was given it. There was one drug I hated and maybe that was
10 it. They told me I had to take it, and that I had no choice.

11 36. As to the loss of her liberty through decisions by the IDT and her physician, based upon
12 her decisional incapacity, on April 12, 2013, a social work progress note states:

13 Resident was trying to leave and go to a bbq with 25c we let her know she could not
14 leave without a CNN present.... *MD stated she was not competent to go on her own.*
(emphasis added, Exhibit 4-19 hereto)

15 37. On April 17, 2013, an IDT meeting was held without the physician and stated: "IDT is
16 the Resp_Party and does not have the capacity per MD. Res cont to refuses care, tx, [treatment]
17 meds and gets verbal to staff." (Exhibit 4-16 hereto)

18 38. On April 25, 2013 an IDT meeting note states:

19 At this time the IDT will exercise the medical decision making on a case-by-case basis and
20 meet as a team to exercise professional, medical, and nursing judgment as needed. Social
21 services will assist the patient with the finances follow up such as appointments with social
22 security and psychosocial needs. (Exhibit 4-15 hereto)

23 38A. In June, 2013, when access was sought to her medical chart, the snf denied her access
24 as she had been determined incompetent (See declaration of Patsy Pence. Para 25 therein).

25 39. The most recent drug addition to her regimen is trazadone. The "consent", given on June
26 11, 2013, was by members of the IDT. The facility chart entry as to trazadone states, as to the side
27
28

1 effects: “trazadone risks: sedation, constipation, dry mouth, blurred vision, urinary retention, rash,
2 fever, increased risk of suicidal thinking in adults with MDD...[major depressive disorder]”
3 (Exhibit 4-11).

4 40. Nevertheless, numerous facts reveal that Ms. A. had and has decisional capacity. For
5 example, a representative of the Respondent DPH, stated to ombudsman Patsy Pence, that Petitioner
6 had cognition and had scored 13 out of 15 on a Section 3 “Cognition” section of the required
7 Minimum Data Set. (Declaration of Patsy Pence).

8
9 41. On May 9, 2013, in determining whether Ms. A. might live on her own as she wished to do, the
10 attending physician stated, in the Progress Notes “pt. believes yr is 2000, most answers other
11 questions, ok...” (See Exhibit 4-7 herein). On the same day, the physician ordered a psychiatric
12 exam for purposes of determining her capacity to live on her own, but none was performed at that
13 time. On May 20, 2013, an IDT conference note states: “Res is alert and able to make her needs
14 known.” (Exhibit 4-14 hereto). It further states: “will educate on risks and benefits of smoking.” On
15 July 23, 2013, Petitioner Gloria A. received a letter as to a notice of intent to evict for non-payment
16 as a result of her representative payee having failed to make payments. (Exhibit 4-20). On
17 September 5, 2013, four months after requested and nine months after admission, she was seen by a
18 psychiatrist and a note from the psychiatrist (Exhibit 4-21) states:
19
20

21 Patient seen and evaluated. Patient has capacity to make decision about her
22 finances, accommodation, medical issues etc. Full dictated report will follow

23 Thus, although capable, due to application of Section 1418.8, Petitioner Gloria A. lost her right to
24 refuse drugs, and her liberty. To this date she has received no notice of restoration of decisional
25 capacity, just as she never received notice of decisional incapacity, or of allegations or findings
26 thereof.
27
28

1
2 42. PETITIONER GLORIA A. has been denied, from the first date of admission to the
3 skilled nursing facility, the right to make personal decisions as to the administration of psychoactive
4 drugs including antipsychotic drugs, the right to decide her personal finances, the right to decide her
5 health care, access to her chart, and the right to determine her personal liberty, all as the result of
6 decisions by the facility's IDT (IDT) and her attending physician. Such denials have occurred
7 without notice or opportunity to oppose them, without notice of the determination or of the right to
8 challenge, without a judicial adjudication of her decisional incapacity, without a representative to
9 assist her at either the determination of incapacity or the determination of the deprivation, and
10 without a neutral decision maker at either the determination of incapacity or the determination of the
11 deprivation.
12
13

14 **B. Facts as to the Deceased Mark H. (Facts as to the deceased Mark H. are in Exhibit 3A**
15 **through Exhibit 3-P and in the Declaration of Petitioner GENEVA CARROLL**

16 **History and demographics**

17 43. Mark H. was a 62 year old double amputee resident of a California skilled nursing
18 facility located in Placer County, for whom Section 1418.8 was used to create an IDT to make
19 treatment decisions, including a Physician Order for Life Sustaining Treatment (POLST)² used to
20 change his status from full treatment ("full code") to comfort care only and a do not resuscitate
21 order. (Exhibit 3- A, B, C, and Carroll Declaration).
22

23 44. As a result of the decision of the IDT through Section 1418.8, Mr. H. died through an
24 order of "comfort care only", expiring on February 14 , 2013 (Exhibit 3-D). This although the
25

26 _____
27 ² A POLST, unlike an advance directive which informs the physician of the patient's wishes, is an actual order by a
28 physician as to end of life decisions. (Probate Code sections 4780-6)

1 statute had been judicially interpreted to be solely for “relatively unintrusive” treatments (*Rains v.*
2 *Belshe*). An article in a nursing home industry periodical stated that Section 1418.8 could be used
3 for death-related decisions (see fn 1 herein).

4 **Competence**

5 45. In April, 2012, Mr H. while treated at the Mercy San Juan Medical Center, his chart
6 stated that: “Patient/representative has Capacity...to understand and sign admission contract...or
7 make healthcare decisions...” (Ex. 3-E). On July 8, 2012, at the snf, Nurse Ray entered “Res A/O
8 [alert/oriented] to person and place. Able to make needs known with staff and answer all questions
9 approp.” (Ex. 3-F) On January 2, 2013, a progress note states: “Resident has also been more verbal
10 in the past week. He says thank you after dressing changes and good morning when we go into his
11 room.” (Ex 3-G). On February 7, 2013, a progress note states: “Able to make some basic needs
12 known but he is very particular about when he talks and who he talks to.” (Ex 3-H). On February
13 13, 2013 a note says: “Verbally responsive with hospice cna.” (Ex 3-I).

14 46. On July 24, 2012, while receiving antipsychotics, Mr. H. was declared to lack decisional
15 capacity by his physician in that “Resident is *not competent enough* to make medical decisions.”
16 (Ex. 3-J, emphasis added) according to an “Epple Committee” report. At no time is there any
17 evidence that Mr. H. was given notice of his alleged incapacity, nor a representative or other
18 opportunity to oppose this determination.

19 **Decisions under Section 1418.8 as to Death of Mark H.**

20 47. On December 5, 2012, the Section 1418.8 IDT team, (termed the “Eppel Committee”
21 after the author of the Act) met, with the ombudsman present, but not the physician and not Mr. H.
22 No patient representative was present as ombudsmen are prohibited from acting as patient
23 representatives. (Ex 3-B). The “topic of discussion” was withdrawal of life support systems.
24
25
26
27
28

1 (Report of Eppel Committee). The report stated that the “Ombudsman attempted to ask resident’s
2 wishes with respect to changing POLST to DNR; resident did not respond. RNNP [registered nurse,
3 nurse practitioner] and ADON [assistant director of nursing] approached resident with Ombudsman
4 asking simply: Do you want to live or die?” Resident did not respond to direct question, even with a
5 change in facial expression.” (Ex 3-B).

6
7 48. As a result, the “EPPLE Act Committee finds that change of POLST to DNR is
8 warranted...” and “the committee agrees with admission to hospice for end-of-life care.” (Ex3-B).

9 49. According to a progress note on December 5, 2012, as to the “EPPLE ACT Committee”,
10 the Ombudsman did not sign the report as “Ombudsman stated she was not permitted to sign
11 document although she attended the meeting.” (Ex 3-K).

12 **Chemical And Physical Restraints**

13
14 50. Mr. H. never consented to the use of chemical or physical restraints nor any
15 psychotherapeutic drugs, having, on April 21, 2012, and again on April 26, 2012 signed a form
16 stating, “I decline the use of the psychotherapeutic drug”. (Ex 3-L, M). Nevertheless, Mr. H. was
17 repeatedly administered those drugs, including antipsychotic drugs.(Ex 3-N)

18 51. Mr. H. was administered such drugs for “agitation” (Ex 3-N) which is not a clinical
19 indication for using an antipsychotic (see [http://www.cms.gov/Regulations-and-](http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf)
20 [Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf](http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf) - F329).

21
22 52. When he allegedly attempted to pull out his g [gastric] tube, he was put in physical
23 restraints which tied his arms to the sides of his bed, spread-eagled. (Ex 3-O) Neither he nor any
24 representative consented.

25 53. On September 1, 2012, in an “individual psych education session” by Psychiatrist
26 Kulsant Singh, it was stated that Mr. H. was “very sedated” on Remeron which was to be
27
28

1 discontinued and “d/c Seroquel for same reason.” (Ex 3-P). Nevertheless, and although sedation is
2 a significant side effect for antipsychotic drugs, and the form reads “Antipsychotics (sic) are not
3 approved for the treatment of dementia related psychosis”, Mr. H. was administered these drugs,
4 and particularly Seroquel, (Ex. 3-N) until his transfer of care to a hospice and his subsequent death.
5 Neither he nor any representative consented other than the IDT. On information and belief, when
6 transferred to the hospice and antipsychotics ceased, Mr. H. became less sedated and more coherent.
7

8 **C. Capacity Determinations in California Skilled Nursing Facilities**

9 54. Although required by Section 1418.8, capacity determinations are not made before each
10 treatment requiring informed consent (See Declarations of ombudsmen affixed hereto). Instead,
11 such determinations are routinely made upon entry to the snf, usually after admission from acute
12 care facilities (See Decl of Consultant Peggy Main para 6). The result is significant errors as to
13 capacity determinations for reasons including merely checking a box (See declaration of Consultant
14 Peggy Main para 6 - 10), temporary conditions such as placement anger, placement bewilderment,
15 delirium, pain, and various sedating medications (See declarations of ombudsmen herein). Rarely
16 are subsequent examinations for regained capacity made, although required by Section 1418.8.
17

18 55. The determination also may involve bias on the part of the clinician (See *Are clinician’s*
19 *(sic) ever biased in their judgments of the capacity of elder adults’s (sic) to make medical decisions?*
20 *Generations* 2009 Spring 33(1) 78 – 91) (study showing “some clinicians tending to rate capacity
21 more liberally and some more stringently...”) A large percentage of snf physicians are either also
22 medical directors of the snf or have large numbers of patients at the snf. The American Medical
23 Association recognizes the presence of bias in physician/institutional settings due to multiple
24 allegiances and it has, at its 2012 Interim Meeting of the AMA House of Delegates, recognized some
25
26
27
28

1 of the problems of conflicts of interest in its newly adopted AMA Principles for Physician

2 Employment saying:

3 A physician's paramount responsibility is to his or her patients. Additionally, given
4 that an employed physician occupies a position of significant trust, he or she owes a
5 duty of loyalty to his or her employer. This divided loyalty can create conflicts of
6 interest, such as financial incentives to over- or under-treat patients, which employed
7 physicians should strive to recognize and address.

8 AMA Principles for Physician Employment,
9 Addressing Conflicts of Interest (1) (a),
10 Adopted 2012, Interim Meeting of the AMA House of Delegates,
11 (Board of Trustees Report 6)

12 56. Additionally there is significant inconsistency in capacity judgments by physicians. (see
13 *Consistency of physician judgments of capacity to consent in mild Alzheimer's disease* (J of the
14 American Geriatrics Society 45/4 453 – 457 (“only 56% judgment agreement for the mild AD
15 patients”))

16 57. As to the limited nature of exams as to cognition, the declaration of Elizabeth (Tippy)
17 Irwin, ombudsman for San Mateo County states, at para 12 therein:

18 Determinations of medical treatment decisional incapacity are usually made when the
19 resident arrives at a facility. When residents first enter nursing facilities, they are
20 often on medications which affect them, such as numerous types of drugs, including
21 sedation or pain killers. They are often distraught and disoriented after being placed
22 in the nursing home. As a result the resident might seem to be incapable of making
23 decisions, which frequently results in a determination of incapacity on the part of the
24 client. Given time to orient themselves to their new situation, or to recover from
25 whatever trauma may have been the cause for their placement in the nursing home in
26 the first place, many of the residents regain their capacity to make their own
27 decisions, but often the change is not documented. It is uncommon for that
28 determination to be reversed, even when it becomes evident that the resident has
regained capacity to make his/her decisions.

58. In para. 9. of her Declaration, nursing home consultant Peggy Main stated, as to a snf:

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28

Recently a resident was admitted from the acute hospital. Both the RN on the floor and the social service designee talked to her at length regarding her wishes for end of life care. Both felt she understood and was very clear that she did not want life sustaining treatment. She reiterated this on more than one occasion. However, the primary physician determined she lacked capacity and the POLST had to be CPR and full code, thus negating the resident's wishes. Fortunately, after much searching the social service worker was able to identify and contact a cousin who, after talking in depth with the resident, was willing to sign the POLST reflecting the resident's wishes. Without the work of the social worker the resident could have been subjected to various life sustaining interventions including CPR (with possible broken ribs from chest compressions, burns from defibrillation) and various tubes for feeding.

59. Ombudsman Elizabeth Irwin, ombudsman for San Mateo County, experienced a situation in which an elderly nursing home resident apparently had decisional capacity, but was determined incapacitated by her physician who refused to change her determination. The resident had been placed in the snf by a "friend" who had previously changed the resident's will, (Irwin declaration at Para 6, 7, 8) and the resident had been refused visits from her granddaughter. Believing the resident capable, and after visits from two Regional Ombudsman Coordinators confirming this belief, the ombudsman witnessed a new advance directive, naming the granddaughter as agent. The "friend" brought suit in Sacramento Superior Court and:

During the court proceedings, the judge on the case took the elderly woman, the resident, into chambers for about forty five minutes, and emerged, stating that she was of the opinion that the elderly woman, our client, was perfectly capable of making her own decisions in this matter.

Irwin declaration at Para 11

60. Erroneous capacity decisions have additional effects. In the declaration of Sacramento Ombudsman Cheryl Simcox, at para 11 – 14, it is stated:

In one instance, a woman was said to lack capacity and as a result, she was forced to give up her section 8 housing, the apartment she lived in and wanted to return to. She lost the apartment because it was said she was mentally incapacitated,

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28

In my many conversations with this resident she consistently presented as alert and oriented to time, place, and person and showed no evidence of lacking the ability to make decisions for herself.

In another situation a physician documented that a patient lacked capacity, and I had seen him 6 or 8 times and spoken with him.

He consistently was able to express his wishes, was alert and oriented times three, and was working independently building his strength so he could return home.

61. Ombudsman Geneva Carroll, from Placer County, stated, in para 12, 13 of her declaration, as to capacity errors in skilled nursing facilities:

My own mother in law had a similar experience – she was upset because she thought she had a heart attack, and instead of working with her to reassure her, she was given an antipsychotic drug, Haldol, and determined to be incapacitated, but she wasn't incompetent, she was upset and frightened.

Many people in nursing homes are found to be incompetent, and denied the right to make their own decisions even though they are quite capable to decide for themselves. Much of this is really a matter of staff convenience.

62. Courts have drawn factual conclusions from the Alaska Supreme Court, as to physician and institutional conflict in determinations of incapacity in hospitals and nursing homes:

Many cases describe the unavoidable tensions between institutional pressures and individual best interests that can arise in this setting. The doctors who are attempting to treat as well as to maintain order in a hospital have interests in conflict with those of their patients who may wish to avoid medication. Economic considerations may also create conflicts.

Myers., v. Alaska Psychiatric Institute (2006) 138 P.3d 238, 250

D. Use of Section 1418.8 as to Highly Intrusive Treatment

63. As with Petitioner Gloria A., and Mark H., although Section 1418.8 is to be limited to “relatively nonintrusive treatment” (*Rains v. Belshe*), it is often used for highly intrusive treatment, such as anti-psychotics, physical restraints and death. As was said by Sacramento Ombudsman Simcox, at para 10 of her declaration:

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28

At the “Epple” meetings I’ve attended, the discussion had to do with highly intrusive decisions such as hospice care, DNR, or the choice as to whether a resident be given liquids with the chance of aspiration and possible death.

64. Death is highly intrusive. Antipsychotic drugs are also highly intrusive, especially as to the elderly. Antipsychotic drugs are often used in nursing homes as forms of behavior control of the population. The antipsychotic drug given to both Petitioner Gloria A. and Mark H., seroquel, carries the following warning:

BOXED WARNING

WARNING

- Increased Mortality in Elderly Patients with Dementia-Related Psychosis
- Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death. Seroquel is not approved for the treatment of patients with dementia-related psychosis (see BOXED WARNING).

(Exhibit 6 hereto).

65. With particular application in the for-profit operation of nursing homes which often are understaffed, in analyzing the effects of antipsychotic drugs, the court in *Keyhea v. Rushen* (1987) 178 Cal. App. 3d 526, 540 [223 Cal. Rptr. 746] cited in *Qawi*, stated:

They "also possess a remarkable potential for undermining individual will and self-direction, thereby producing a psychological state of unusual receptiveness to the directions of custodians." (*Mental Hospital Drugs, supra*, at p. 1751.)

66. Thus, such drugs are often used, as they were for Petitioner Gloria A., and for Mark H., not as treatment for psychosis, but to control behaviors which are not desired in the snf, such as crying or yelling, and thus chemical restraints.

67. The Office of the Inspector General of the Department of Health and Human Services has concluded, in a Report issued May, 2011 that over 50 percent of the use of atypical antipsychotic drugs for elderly nursing home residents involved these drugs “not used for medically accepted

1 indications”. (see Exhibit 7 Compendium). The same report found that “some nursing homes that
2 failed to comply with CMS standards regarding unnecessary drugs may not adequately ensure
3 nursing home residents health and safety.” (exhibit 7, Table 4, page 18). It cited, as an example, a
4 situation where the drug was used for agitation where the patient had infection and pain which
5 caused the agitation, and “more efforts could have been placed on treating these conditions.”

6
7 68. Further, the Office of the Inspector General of the Department of Health and Human
8 Services has concluded, in the Report issued May, 2011 that 88 percent of the use of atypical
9 antipsychotic drugs for elderly nursing home residents “were associated with the condition specified
10 in the FDA boxed warning (See exhibit 7). It further found that “twenty-two percent of the atypical
11 antipsychotic drugs claimed (for Medicare reimbursement) “were not administered in accordance
12 with CMS standards regarding unnecessary drug use in nursing homes.” (exhibit 7 hereto).

13
14 69. The Office of the Inspector General of the Department of Health and Human Services as
15 well concluded, in a Report issued July, 2012 that, as to records of patients in nursing homes
16 receiving atypical antipsychotic drugs: “Nearly all records reviewed (90 percent) of the use of
17 atypical antipsychotic drugs for elderly nursing home residents failed to meet one or more Federal
18 requirements for resident assessments and/or care plans.” (exhibit 8), although: “Elderly nursing
19 facility residents (residents) receiving atypical antipsychotic drugs are a particularly vulnerable
20 population because of an increased risk of death associated with these drugs.” (exhibit 8).

21
22 70. In a Task Force White Paper published by the American Council on
23 Neuropsychopharmacology in 2007, it was stated that these drugs have other numerous risks as to
24 the elderly, including “excessive sedation, postural hypotension, and falls”. The White Paper then
25 set forth alternatives to antipsychotics, which included psychosocial and psychotherapeutic
26 interventions. The White Paper concluded that there should be shared decision-making including
27
28

1 provision, to patients as well as surrogates, “all relevant information (including risks and benefits of
2 no treatment and of possible environmental/psychosocial interventions) along with opportunities to
3 participate in decisions to the extent they are comfortable.” [Exhibit 9] Both the American
4 Geriatrics Society and the American Psychiatric Association have cautioned both physicians and
5 patients against using antipsychotics for treatment of behavioral symptoms including agitation,
6 (Exhibit 10, *Choosing Wisely*, 2013, American Psychiatric Association; Exhibit 11, *Choosing*
7 *Wisely*, 2011, American Geriatrics Society.) This was the basis for their use as to Mark H., and as
8 well as to Petitioner Gloria A.

10 71. The most recent judicial statement as to antipsychotic medications was made by the
11 California Supreme Court in 2004 in *In re Qawi* (32 C4th 1) in the course of granting relief as to
12 sexually violent predators. Such individuals are significantly less vulnerable, and less fragile and
13 less innocent than those herein, and the side effects less harmful, but the list of effects would be
14 included in those potentially suffered by the elderly. It is as follows:
15

16 No doubt such commonly used drugs, the phenothiazines, have been of considerable
17 benefit to many mentally ill patients. Use of these drugs has greatly reduced the
18 number of mentally ill individuals requiring hospitalization, and the frequency and
19 length of hospitalizations. (See Cichon, *The Right to "Just Say No": A History and*
20 *Analysis of the Right to Refuse Antipsychotic Drugs* (1992) 53 La. L. Rev. 283,
21 293.) But they also have been the cause of considerable side effects. Reversible side
22 effects include akathisia (a distressing urge to move), akinesia (a reduced capacity
23 for spontaneity), pseudo-Parkinsonism (causing retarded muscle movements,
24 masked facial expression, body rigidity, tremor, and a shuffling gait), and various
25 other complications such as muscle spasms, blurred vision, dry mouth, sexual
26 dysfunction, drug-induced mental disorders. (Keyhea, *supra*, 178 CaL. App. 3d at p.
27 531.) A potentially permanent side effect of long-term exposure to phenothiazines is
28 tardive dyskinesia, a neurological disorder manifested by involuntary, rhythmic, and
grotesque movements of the face, mouth, tongue, jaw, and extremities, for which
there is no cure. (Ibid.) On rare occasions, use of these drugs has caused sudden
death. (Ibid.)

Although a new generation of antipsychotic drugs, the so-called atypicals, have been
regarded as being more benign and effective, considerable controversy remains over

1 both their efficacy and the extent and nature of their side effects. (See Goode,
2 Leading Drugs for Psychosis Come Under New Scrutiny, N.Y. Times (May 20,
3 2003) p. 1.) Moreover, most atypical antipsychotics are difficult to administer
4 without a patient's cooperation, because unlike the older generation of medications,
5 the newer drugs are generally not available in forms that can be injected. (See
6 Mossman, Unbuckling the "Chemical Straitjacket": The Legal Significance of
7 Recent Advances in the Pharmacological Treatment of Psychosis (2002) 39 San
8 Diego L. Rev. 1033, 1078, fn. 214.) Also, phenothiazines are cheaper than atypicals
9 and are still the most widely used class of drugs to treat psychosis. (See Julien, A
10 Primer of Drug Action (9th ed. 2001) p. 339.)

11 **E. Implementation of Section 1418.8 by California Department of Public Health**

12 72. Although a California Court of Appeal decision has recognized that Section 1418.8 is
13 limited to “relatively nonintrusive and routine” treatment, the California Department of Public
14 Health (hereafter CDPH) has explicitly permitted the use of Section 1418.8 as to antipsychotic drugs
15 (See exhibit 14 hereto), instructing its surveyors that Section 1418.8 may be so used.

16 73. Although a California Court of Appeal decision has mandated that there shall be a patient
17 representative at Section 1418.8 treatment reviews, CDPH continues to inform skilled nursing
18 facilities that a patient representative is necessary only where it is “practicable” as the statute stated
19 before judicial interpretation and limitation. This results in widespread disregard for the limiting
20 requirements of the judicial decision. For example in one facility, the policy is:

21 “The IDT shall include the resident’s Attending Physician, a Registered Nurse with
22 responsibility for the resident, other appropriate staff in disciplines as determined by
23 the resident’s needs, and *when applicable* [sic], a resident’s personal representative.”

24 Policy – SS – 08, p. 1., Operational Manual, Roseville Point Skilled Nursing Facility, emphasis
25 added, Exhibit 12 to petition

26 73A. In another, the physician is merely invited as is any family/responsible party:
27
28 The composition of the IDT members varies...Suggested IDT members include
29 facility representatives from the following departments: Activities; Rehabilitation;
30 Nursing...In addition the resident, *resident family/responsible party and physician*
31 *are invited to attend*

1 Exhibit 13 to petition, Country Villa Health Services Operations Manual, emphasis added

2 74. Although CDPH has the statutory responsibility to inspect California skilled nursing and
3 intermediate care facilities (snf/icfs) for failure to comply with California laws ("Notwithstanding
4 any other provision of law, the department *shall inspect for compliance with provisions of state law*
5 *and regulations* during a state or federal periodic inspection..." Section 1279.9(g) Calif. Health &
6 Safety Code (emphasis added)), and although numerous errors exist, CDPH has never issued a
7 citation even as to improper determinations of incapacity (See Declaration of Anthony Chicotel).
8

9 75. Numerous failures of implementation of Section 1418.8 exist in that: 1. physicians do not
10 determine capacity on each occasion that treatment requiring informed consent occurs: 2. physicians
11 do not use the statutory standard for such determination; 3. IDT meetings seldom include physicians;
12 4. Section 1418.8 is not used on all occasions when treatment requiring informed consent is
13 involved; 5. physicians do not investigate as to existence of surrogates; 6. antipsychotic drugs are
14 often prescribed based on phone calls and emails; 7. IDTs do not contain patient representatives even
15 if practicable and not as a mandate; and 8. skilled nursing facilities make no effort to assure
16 physicians or the homes comply with Section 1418.8. 9. The statute is used to deprive snf and icf
17 residents of far more than medical decision rights, such as liberty, finances, chart access and life
18 itself.
19

20 **F. Residents of Skilled Nursing Facilities**

21 76. By their very nature, skilled nursing and intermediate care facilities are residences for
22 persons who are ill, frail, sometimes disabled, usually elderly, and often suffering from depression,
23 loneliness, loss of homes, loss of control over their lives, possibly looking forward to no future other
24 than slow death, and trying to maintain life.
25
26
27
28

1 77. As the New Jersey Supreme Court held, there is a “special vulnerability of mentally and
2 physically impaired, elderly persons in nursing homes and the potential for abuse with unsupervised
3 institutional decision-making in such homes...” In *In re Conroy*, (1985) 486 A2d 1209, at 1240-
4 1241 Such facilities and the physicians treating patients therein have had and continue to have
5 significant problems in the delivery of medical treatment.
6

7 **V.**

8 **CAUSES OF ACTION**

9 **FIRST CAUSE OF ACTION**

10 **(DUE PROCESS UNDER THE CALIFORNIA CONSTITUTION)**

11 **(Right to Notice and Opportunity to oppose)**

12 **(This cause of action is brought by all Petitioners against Respondent.)**

13
14 78. Petitioners reallege and incorporate every allegation and paragraph set forth above.

15 79 Section 1418.8, Health & Safety Code violates the constitutional right to due process as to
16 adequate notice and opportunity to oppose: A, the determination of decisional incapacity; B. the
17 determination of the absence of a legal substitute decision maker; C. the hearing (statutorily termed a
18 review) as to medical treatment; and D. the administration or withdrawal of medical treatment.
19

20 **SECOND CAUSE OF ACTION**

21 **(Right to Due Process under the California Constitution)**

22 **(This cause of action is brought by all Petitioners against Respondent.)**

23
24 80. Petitioners reallege and incorporate every allegation and paragraph set forth above.
25
26
27
28

1 81. Section 1418.8, Health & Safety Code violates the right to due process under the
2 California Constitution by failing to require adequate representation at the determination of
3 incapacity.

4 **THIRD CAUSE OF ACTION**

5 **(RIGHT TO PRIVACY UNDER THE CALIFORNIA CONSTITUTION)**
6 **(Right to an adjudication of incapacity and absence of substitute decision maker)**
7 **(This cause of action is brought by all Petitioners against Respondent.)**

8 82. Petitioners reallege and incorporate every allegation and paragraph set forth above.

9 83. .Section 1418.8, Health & Safety Code violates the right to privacy under the California
10 Constitution by permitting physicians to make legal adjudications as to decisional incapacity.
11

12 **FOURTH CAUSE OF ACTION**

13 **(Right to Due Process under the California Constitution)**
14 **(This cause of action is brought by all Petitioners against Respondent.)**

15 84. Petitioners reallege and incorporate every allegation and paragraph set forth above.

16 85. Section 1418.8, Health & Safety Code violates the right to due process under the
17 California Constitution by failing to require neutral decision makers at the adjudications as to
18 decisional incapacity.
19
20

21 **FIFTH CAUSE OF ACTION**

22 **(Right to Due Process under the United States and California Constitutions)**
23 **(This cause of action is brought by all Petitioners against Respondent.)**

24 86. Petitioners reallege and incorporate every allegation and paragraph set forth above.
25
26
27
28

1 87. Section 1418.8, Health & Safety Code violates the right due process under the United
2 States and California Constitutions by failing to require a neutral decision maker at the review and
3 approval or rejection of treatment.

4 **SIXTH CAUSE OF ACTION**

5 **(Failure to comply with judicial precedent as to section 1418.8 Health & Safety Code)**

6
7 **(This cause of action is brought by all Petitioners against Respondent.)**

8
9 88. Petitioners reallege and incorporate every allegation and paragraph set forth above.

10 89. Respondent has violated Petitioners' right to a review with representation under Section
11 1418.8, Health & Safety Code by failing to require a patient representative at the review to
12 determine treatment, absent exigent circumstances, as set forth in judicial precedent.

13
14 **SEVENTH CAUSE OF ACTION**

15 **(Failure to comply with judicial precedent as to section 1418.8 Health & Safety Code)**

16
17 **(This cause of action is brought by all Petitioners against Respondent.)**

18 90. Petitioners reallege and incorporate every allegation and paragraph set forth above.

19 91. Respondent has violated Petitioners' right to a Limiting Judicial Interpretation under
20 Section 1418.8, Health & Safety Code precluding its use as to antipsychotic drugs, or in the
21 alternative, providing adequate notice, counsel, evidence and a judicial hearing as to incapacity,
22 necessity and the least intrusive alternative.

23
24 **EIGHTH CAUSE OF ACTION**

25
26 **(Failure to comply with judicial precedent as to section 1418.8 Health & Safety Code)**

1 (This cause of action is brought by all Petitioners against Respondent.)

2 92. Petitioners reallege and incorporate every allegation and paragraph set forth above.

3 93. Respondent has violated Petitioners' right to a Limiting Judicial Interpretation under
4 Section 1418.8, Health & Safety Code precluding his use of the statute for treatments or
5 discontinuation thereof which would result in death, such as, but not limited to do not resuscitate,
6 comfort care, or discontinuation of treatment, or for POLST orders.
7

8
9
10 VI.

11 APPLICATION FOR EXTRAORDINARY RELIEF

12 94. As set forth above, this action concerns the constitutionality of and application by
13 Respondent herein of Section 1418.8. The claim requires no evidentiary hearing as to the facial
14 claims herein, and no evidentiary hearing as to the applied claims herein as all necessary papers are
15 appended to this petition.
16

17 95. A Writ of Mandate is to be issued "to compel the performance of an act which the law
18 specially enjoins...in all cases where there is not a plain, speedy and adequate remedy, in the
19 ordinary course of law..." (Code of Civil Procedure, secs. 1085, 1086.) Courts have held that a Writ
20 is to be issued when a question of first impression is presented (*Cianci v. Superior court* (1985) 40
21 Cal. 3d 903, 908 fn. 2, 221 Cal. Rptr. 575). Courts have further held that a Writ may be issued
22 where constitutional issues are presented (*McHugh v. Santa Monica Rent Control Board* (1989) 49
23 Cal. 3d 348, 261 Cal Rptr 318; *Aden v. Younger* (1976) 57 Cal App 3d 662, 670, 129 Cal; Rptr 535).
24 Further, Courts may issue a Writ when important questions of public interest are involved (*Richard*
25 *P. v. Superior Court* (1988) 202 Cal. App. 3d 1089, 249 Cal. Rptr 245). Courts have also held a
26
27
28

1 Writ appropriate when the issue is of widespread interest, as well as where petitioner may suffer
2 harm absent the issuance of the Writ (*Omaha Indemnity v. Superior Court* (1989) 209 Cal. App. 3d
3 1266, 1275, 257 Cal Rptr 66).

4 96. In the instant matter all of the considerations set forth above are present. No court in
5 California has ever determined whether notice or opportunity to oppose the determination of
6 decisional incapacity under Section 1418.8 is required, and the one appellate decision denying a
7 right to a judicial determination of incapacity as a medical decision before losing decisional rights
8 under Section 1418.8 occurred before a decision by the Supreme Court holding that the
9 determination was not medical but legal.
10

11 97. The action concerns persons and statewide there are and will be thousands of such
12 persons. Thus, the matter is of widespread interest. Given that Section 1418.8 may result in loss of
13 fundamental health decisional autonomy, the matter is of considerable public interest. Further
14 significant constitutional questions of privacy, equal protection and due process are presented.
15 Therefore a Writ of Mandate is appropriate.
16

17 98. Such petitions as well have resulted in the extraordinary writs regarding such
18 nonconsensual treatment without judicial determinations of incapacity. Such writs have been
19 granted in a number of recent cases involving nonconsensual use of antipsychotic medications and
20 the need for a judicial determination of incapacity. Thus, *In re Qawi*, 32 C4th 1 (2004), resulted
21 from an original writ of habeas corpus. In that matter, the California Supreme Court granted, to a
22 Mentally Disordered Offender detained under under the Penal Code, and based upon the Supreme
23 Court's interpretation of LPS statutory rights of autonomy as to antipsychotic drug treatment, the
24 right to a judicial determination of incapacity prior to nonconsensual treatment. Similarly, in *In re*
25 *Calhoun*, 121 CA4th 1315 (2004), the Court of Appeal granted a similar right to a judicial
26
27
28

1 determination of incapacity prior to nonconsensual treatment with antipsychotic drugs as to a
2 Sexually Violent Predator. That case also resulted from an original Writ in the Court of Appeal.

3 99. Respondent has the clear present and ministerial duty to act in accordance with state and
4 federal law and the United States and California Constitutions, as set forth below.

5 100. The responsibilities and duties of Respondent which are subject to mandamus relief
6 herein include inspecting, surveying, and insuring compliance with and enforcement of Section
7 1418.8. Although Respondent has had and currently has the capacity and ability to discharge his
8 duties, as set forth above, in a manner consistent with all applicable state and federal laws and the
9 California Constitution, he has failed and refused to do so and/or abused his discretion under an
10 improper interpretation of the law.
11

12 101. Petitioners have no plain, speedy and adequate remedy in the ordinary course of law.
13

14 102. This action presents a case of first impression because no court in California has ever
15 directly determined whether Section 1418.8 is unconstitutional as a denial of notice and opportunity
16 to oppose, whether treating physicians are neutral in deciding incapacity and treatment for
17 nonconsenting and unrepresented patients in a non-emergency, and whether such patients are
18 entitled to representation in a determination of incapacity. Further, no court has determined whether
19 the decision of the Supreme Court in *Qawi*, supra, reverses the decision of the Court of Appeal in
20 *Rains*, supra in holding that incapacity is a medical decision.
21

22 103. The individually named petitioners herein have a beneficial interest in that Petitioner
23 GLORIA A. is now deemed incapacitated based solely on a physician's determination, and Petitioner
24 CANHR's mission will be thwarted as set forth below... (Code of Civil Procedure §§ 1085, 1086.)
25
26
27
28

1 104. Petitioners and each of them are beneficially interested in Respondent's discharge of his
2 obligations as set forth herein, and suffer irreparable injury from Respondent's failure to discharge
3 his obligations.

4 105. The Action is equally appropriate as to the issuance of a declaratory judgment (See *KG*
5 *v. Meredith*, supra..
6

7 **VII.**

8 **ALLEGATIONS CONCERNING INJUNCTIVE AND DECLARATORY RELIEF**

9
10 106. Respondent's actions, as alleged herein, have resulted in and will continue to result in
11 irreparable injury to Petitioners and others caused by non-consensual medical treatment without
12 adequate notice or opportunity to oppose, without a judicial determination of incapacity to consent to
13 or refuse that treatment, or of the absence of a legal substitute decisionmaker, without a neutral
14 decisionmaker, and without a representative at the treatment hearing. Petitioners have no plain,
15 speedy or adequate remedy at law.
16

17 107. An actual controversy exists between Petitioners and Respondent, in the Petitioners
18 claim that Respondent, through Section 1418.8 has violated their rights of privacy, and due process,
19 under the California constitution, and Respondent denies all such contentions.

20 108. Unless the requested relief is granted, Petitioner CANHR's mission will be thwarted as
21 set forth above, and Petitioners and others will continue to suffer the negative effects and loss of
22 personal autonomy that result from their loss of the right to refuse unwanted and nonconsensual
23 treatment, and the risk that they will be subject to such involuntary treatment again in the future.
24

25 109. This action seeks to declare and mandate that Section 1418.8 is unconstitutional and that
26 persons affected thereby have a right to a judicial determination of their incapacity to make
27
28

1 treatment decisions, a right to a judicial determination of the absence of a substitute decisionmaker, a
2 neutral adjudicator as to both rights as well as at the hearing to decide treatment, and a representative
3 at such hearing, as well as adequate notice and opportunity to oppose the loss of the right to oppose
4 medical treatment.

5 110. The legal basis of this action includes California constitutional rights of privacy and
6 due process under the California Constitution.
7

8 VIII

9 RELIEF REQUESTED

10 WHEREFORE, petitioners respectfully request that this Court grant the following relief:
11

12 1. Assume jurisdiction over this action and maintain continuing jurisdiction until Respondent
13 is in full compliance with every order of the Court.

14 2. Issue an Order declaring that:
15

16 A. Section 1418.8 facially violates the privacy and due process provisions of the
17 California Constitution in that:
18

19 i. Section 1418.8 fails to assure adequate notice and opportunity to oppose both the
20 determination of incapacity and the decision to treat

21 ii. Section 1418.8 fails to require adequate representation at the determination of
22 incapacity

23 iii. Section 1418.8 permits a medical determination of a legal right, capacity to
24 make treatment decisions

25 iv. Section 1418.8 permits a person interested in the outcome to determine legal
26 incapacity
27
28

1 v. Section 1418.8 permits a person interested in the outcome to review and
2 determine medical treatment

3 B. Section 1418.8 as applied by Respondent violates the privacy and due process
4 provisions of the California Constitution and, in the alternative, Respondent violates Section
5 1418.8 in that:

6 i. Nonconsensual administration of antipsychotic drugs is highly intrusive and
7 requires a judicial adjudication of decisional incapacity

8 ii. Nonconsensual withdrawal of medical treatments necessary to support life
9 requires a judicial adjudication of decisional incapacity and appointment of a
10 surrogate

11 iii. a patient representative with power of refusal of treatment is required for
12 treatment review and approval

13
14
15 3. Issue a peremptory writ of mandate, pursuant to Code of Civil Procedure Section 1085
16 mandating that:

17 A. Section 1418.8 facially violates the privacy and due process provisions of the
18 California Constitution in that:

19 i. Section 1418.8 fails to assure adequate notice and opportunity to oppose both the
20 determination of incapacity and the decision to treat

21 ii. Section 1418.8 fails to require adequate representation at the determination of
22 incapacity

23 iii. Section 1418.8 permits a medical determination of a legal right, capacity to
24 make treatment decisions
25
26
27
28

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28

iv. Section 1418.8 permits a person interested in the outcome to determine legal incapacity

v. Section 1418.8 permits a person interested in the outcome to review and determine medical treatment

B. Section 1418.8 as applied by Respondent violates the privacy and due process provisions of the California Constitution and, in the alternative, Respondent violates Section 1418.8 in that:

- i. Nonconsensual administration of antipsychotic drugs is highly intrusive and requires a judicial adjudication of decisional incapacity
- ii. Nonconsensual withdrawal of medical treatments necessary to support life requires a judicial adjudication of decisional incapacity and appointment of a surrogate
- iii. a patient representative with power of refusal of treatment is required for treatment review and approval

4. Issue a peremptory writ of mandate, commanding as follows:

Respondent shall prohibit the use of Section 1418.8 by all California skilled nursing and intermediate care facilities

5. Enjoin Respondent from permitting the use of Section 1418.8 by all California skilled nursing and intermediate care facilities and from failing to survey as to the use of Section 1418.8 by all California skilled nursing and intermediate care facilities

6. Order that there be payment to petitioners of the costs and fees herein, including reasonable attorneys' fees, as the Court deems just;

1 7. And Grant such other and further relief as the Court deems just and proper.

2 Respectfully submitted,

3
4 _____
5 Morton P. Cohen,
6 Petitioners' Attorney

7 Dated: _____
8 San Francisco, CA.

9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28